



# SOUTHERN DISTRICTS KYOKUSHIN KAIKAN KARATE FULL CONTACT TOURNAMENT

Sunday - 26 May 2024

## Location

SYLVANIA HEIGHTS COMMUNITY & YOUTH CLUB  
288 Box Road, Sylvania Heights NSW

## Competitor's Entry Fee:

Kumite Only: \$45.00  
Kata Only: \$35.00  
Kumite + Kata: \$70.00

[Click here for online application link](#)

## Deadline for Entries:

Thursday 9<sup>th</sup> May 2024

## Spectator Entry Fee (at door):

\$15 Adults  
\$10 High school / Seniors  
\$5 Kids (primary school)

Payments to be made directly to:

Kyokushin Karate Sutherland

BSB: 032-059

Account: 162123

Reference: Surname + First Initial



## Competitor Arrival Times:

- Kata Only: between 9:00 ~ 9:30 am
- Kata + Kumite: between 9:00 ~ 9:30 am
- Kumite Only: before 12:00 pm

## Tournament Start Time:

10:00 am

## Food and Beverage:

A Canteen will be available inside the venue with lunch, snacks, and drinks for purchase.

**Enquires:** If you have any enquires about this tournament, please contact us at [info@cujickyokushin.com](mailto:info@cujickyokushin.com) or by phone on 0431 120 950 or 02 9521 8745

## Competitors please bring:

Uniform :: Belt :: Shin & Instep pads (cloth type) :: Gloves :: Mouth Guard :: Groin Box (boys)

# Kata Information

## SOUTHERN DISTRICTS

## KYOKUSHIN KARATE FULL CONTACT TOURNAMENT

Sunday – 26 May 2024

---

### Kata Rules:

**In Round 1, competitors must perform the Mandatory Kata for their division.**

**Only a select number of competitors will move to the second round, where they will perform a kata of their choice from the kata list provided.**

<b>Division</b>	<b>Mandatory Kata</b>	<b>Choice of Kata</b>
8 years and under orange & blue belt	Taikyoku 1	Taikyoku 1, 2 or 3 Pinan 1 or 2
9~11 years orange & blue belt	Taikyoku 3	Taikyoku 1, 2 or 3 Pinan 1 or 2
11 years & under yellow belt & above	Pinan 2	Pinan 2, 3, 4 or 5 Tsuki no Kata Gekisai Sono Ichi Gekisai Sono Ni Gekisai Sono San
12~14 years orange & blue belt	Taikyoku 3	Taikyoku 1, 2 or 3 Pinan 1 or 2
12~14 years yellow belt ~ brown belt	Pinan 4	Pinan 2, 3, 4 or 5 Tsuki no Kata Gekisai Sono Ichi Gekisai Sono Ni Gekisai Sono San
15 years & over orange & blue belt	Taikyoku 3	Taikyoku 1, 2 or 3 Pinan 1 or 2
15 years & over yellow belt ~ brown belt	Pinan 4	Pinan 2, 3, 4 or 5 Tsuki no Kata Gekisai Sono Ichi Gekisai Sono Ni Gekisai Sono San
Black Belt	Bassai	Saifa Garyu Bassai Seienchin Seipai Kanku Sushiho