

SOUTHERN DISTRICTS **KYOKUSHIN KAIAN KARATE** FULL CONTACT TOURNAMENT

Kyokushin Karate Sutherland

BSB: 032-059

Account: 162123

Sunday - 26 May 2024

Location

SYLVANIA HEIGHTS COMMUNITY & YOUTH CLUB 288 Box Road, Sylvania Heights NSW

Competitor's Entry Fee:

Kumite Only: \$45.00 Kata Only: \$35.00 Kumite + Kata: \$70.00

Deadline for Entries: Thursday 9th May 2024

Spectator Entry Fee (at door):

\$15 Adults \$10 High school / Seniors \$5 Kids (primary school)

Competitor Arrival Times:

- Kata Only: between 9:00 ~ 9:30 am
- Kata + Kumite: between 9:00 ~ 9:30 am
- Kumite Only: before 12:00 pm

Tournament Start Time:

10:00 am

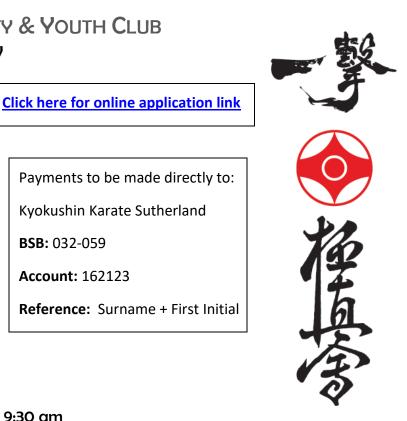
Food and Beverage:

A Canteen will be available inside the venue with lunch, snacks, and drinks for purchase.

Enquires: If you have any enquires about this tournament, please contact us at info@cujickyokushin.com or by phone on 0431 120 950 or 02 9521 8745

Competitors please bring:

Uniform "Belt "Shin & Instep pads (cloth type) "Gloves "Mouth Guard "Groin Box (boys)



Kata Information

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Kata Rules:

In Round 1, competitors must perform the Mandatory Kata for their division.

Only a select number of competitors will move to the second round, where they will perform a kata of their choice from the kata list provided.

Division	Mandatory Kata	Choice of Kata
8 years and under orange & blue belt	Taikyoku 1	Taikyoku 1, 2 or 3 Pinan 1 or 2
9~11 years orange & blue belt	Taikyoku 3	Taikyoku 1, 2 or 3 Pinan 1 or 2
11 years & under yellow belt & above	Pinan 2	Pinan 2, 3, 4 or 5 Tsuki no Kata Gekisai Sono Ichi Gekisai Sono Ni Gekisai Sono San
12~14 years orange & blue belt	Taikyoku 3	Taikyoku 1, 2 or 3 Pinan 1 or 2
12~14 years yellow belt ~ brown belt	Pinan 4	Pinan 2, 3, 4 or 5 Tsuki no Kata Gekisai Sono Ichi Gekisai Sono Ni Gekisai Sono San
15 years & over orange & blue belt	Taikyoku 3	Taikyoku 1, 2 or 3 Pinan 1 or 2
15 years & over yellow belt ~ brown belt	Pinan 4	Pinan 2, 3, 4 or 5 Tsuki no Kata Gekisai Sono Ichi Gekisai Sono Ni Gekisai Sono San
Black Belt	Bassai	Saifa Garyu Bassai Seienchin Seipai Kanku Sushiho