



FIGHT & KATA CHALLENGE

SUNDAY 27 August 2023

INFO PACK

DATE OF TOURNAMENT:	Sunday, 27 August 2023
TIME:	<p>7:45am – 2.30pm with staggered starts for the different divisions.</p> <ul style="list-style-type: none"> • 7.45 – 8.15am registration for KIDS Kata & KIDS Kata & Kumite • 9.15 – 9.30am registration for KIDS Kumite only • 11.30 – 11.45am registration Teens & Adults <p>PLEASE CHECK THE SCHEDULE FOR ACCURATE TIMES.</p>
VENUE:	Rose Bay Public School (Wilberforce Ave Entrance, Rose Bay)
WHO IS ELIGIBLE TO ENTER:	ALL students (KIDS, TEENS & ADULTS) of ANY grade (including novices) are eligible and encouraged to enter.
DIVISIONS:	KATA, TEAM KATA & KUMITE (full contact)
REGISTRATION & PAYMENT DEADLINE:	<p>Monday, 7 August 2023</p> <p>All entrants must be pre-registered. NO REGISTRATIONS WILL BE TAKEN ON THE DAY OF TOURNAMENT. Registration can be done via ONLINE APPLICATION FORM.</p>
COMPETITOR ENTRY FEES:	<ul style="list-style-type: none"> • Kata only: \$35 • Kumite (fighting) only: \$40 • Kata & Kumite (fighting): \$65 • Team Kata: \$10 per team member (blue belts and above, min. 3 members per team) <p>PAYMENT DEADLINE: Monday, 7 August 2023 (No tournament entry payments can be taken on the day.)</p>
SPECTATOR ENTRY FEES:	<ul style="list-style-type: none"> • Spectator Adult: \$15 • Spectator Kid <13yrs: \$5 • Family (2 adults, 2 kids): \$35 <p>Spectator entries can ONLY be taken AT THE DOOR (in cash).</p>
PROTECTIVE EQUIPMENT:	<p>Chest guard and head gear will be provided at the tournament. Students need to bring their own shinpads & hand mitts (Organisers have very limited supply to lend out.) Mouthguards (optional if head gear has face cage). Males are to bring their own groin guard.</p>



KATA RULES & DIVISIONS

	Mukyu – 12 th kyu White & Red belts	10 th – 9 th kyu Orange belts	8 th – 7 th kyu Blue belts	6 th – 5 th kyu Yellow belts	4 th – 1 st kyu Green & Brown belts
KIDS Age 5-7	Taikyoku I (First 8 counts) Group kata On the count	Taikyoku I (all 20 counts) Group kata On the count	Pinan I Group kata On the count		
KIDS Age 8-12	Taikyoku I Group kata On the count		Pinan I Group kata On the count	Pinan II or above*) Individual kata mugorei (no count)	Pinan IV or above*) Individual kata mugorei (no count)

	NOVICE White & Orange Belts	INTERMEDIATE Blue & Yellow Belts	ADVANCED Green & Brown Belts
TEENS	Taikyoku I, Taikyoku III, Pinan I Individual kata mugorei (no count)	Pinan II or above*) Individual kata mugorei (no count)	Pinan IV or above*) Individual kata mugorei (no count)
ADULTS	Taikyoku I, Taikyoku III, Pinan I Individual kata mugorei (no count)	Pinan II or above*) Individual kata mugorei (no count)	Pinan IV or above*) Individual kata mugorei (no count)

	Blue Belts and above (Minimum 3 members per team) Divisions will be decided upon entries received
KIDS -TEENS - ADULTS	Pinan I or above*) Unison Kata

Ages 5-7 and Ages 8-12 (white, orange & blue belts) will do their first round of kata in a **group to a count**. 3 judges will collectively choose competitors for the 2nd round.

Judges will choose 1st, 2nd, 3rd place in the final round.

All other divisions (kids yellow belts and above, teens and adults) will do their elect kata **individually, mugorei (no count)**. Judges will use IKO scoring method, and highest scores will go on to the next round.

1st, 2nd and 3rd place will be chosen from scores.

*** Notes regarding Kata selection:**

- The Kata must be part of the Kyokushin syllabus **with the exclusion of Sanchin and Tensho**.



KUMITE (FIGHTING) RULES

FULL-CONTACT

All fighting divisions are allocated by age, weight and grade.

- Ages 5-7** All techniques to the body, **only light (controlled) kicks to the head, Mawashi Geri ONLY.**
- Ages 8-12** All techniques to the head & the body, **only light (controlled) kicks to the head.**
- Advanced & teens** All techniques are allowed.
ADULT rules apply for those 16 and up (Oshi, sweeping, Sabaki above elbow etc.)

Standard IKO (International Karate Organisation) rules apply; an unblocked kick to the head scoring a *waza-ari* (half point). Jodan mawashi geri must make clean, direct contact with the headgear in order to score *waza-ari* (half-point). *Waza-aris* must be accompanied by *zanchin with kiai* in order to score the half-point (exception: 5 – 7 year olds).

Judges will monitor all divisions carefully to ensure no excessive force is used. **Child safety takes first priority.**

PROTECTIVE EQUIPMENT

KIDS & TEENS:

Head gear (face cage optional) – provided by organiser
Mouthguard (must if no face cage)
Body armour – provided by organiser
Shin pads
Hand mitts
Groin Guard (males)

ADULTS (Novice & 35yrs+):

Mouthguard
Shin pads
Hand mitts
Groin Guard (males)

ADULTS (Elite):

Mouthguard
Groin Guard (males)

Chest guard and head gear will be provided at the tournament.

Students need to bring their own shin pads & hand mitts (Organisers have very limited supply to lend out.)

Mouthguards (optional if head gear has face cage).

Males are to bring their own **groin guard**.