



# FIGHT & KATA CHALLENGE

**SUNDAY 28 August 2022**

## INFO PACK

<b>DATE OF TOURNAMENT:</b>	<b>Sunday, 28 August 2022</b>
<b>TIME:</b>	<b>8:00am</b> with staggered starts for the different divisions. PLEASE CHECK THE SCHEDULE FOR ACCURATE TIMES.
<b>VENUE:</b>	<b>Rose Bay Public School</b> (Wilberforce Ave Entrance, Rose Bay)
<b>WHO IS ELIGIBLE TO ENTER:</b>	<b>ALL students (KIDS, TEENS &amp; ADULTS) of ANY grade (including novices) are eligible and encouraged to enter.</b>
<b>DIVISIONS:</b>	<b>KATA &amp; KUMITE (full contact)</b>
<b>REGISTRATION &amp; PAYMENT DEADLINE:</b>	<b>Friday, 12 August 2022</b> All entrants must be pre-registered. NO REGISTRATIONS WILL BE TAKEN ON THE DAY OF TOURNAMENT. Registration can be done via <b>APPLICATION FORM (printed and available at the dojo)</b> or <b><a href="#">ONLINE</a></b> .
<b>COMPETITOR ENTRY FEES:</b>	<ul style="list-style-type: none"> <li>• <b>Kata only: \$35</b></li> <li>• <b>Kumite (fighting) only: \$40</b></li> <li>• <b>Kata &amp; Kumite (fighting): \$65</b></li> </ul> <p><b>PAYMENT DEADLINE: Friday 12 August.</b> (No tournament entry payments can be taken on the day.)</p>
<b>SPECTATOR ENTRY FEES:</b>	<ul style="list-style-type: none"> <li>• <b>Spectator Adult: \$15</b></li> <li>• <b>Spectator Kid &lt;13yrs: \$5</b></li> <li>• <b>Family (2 adults, 2 kids): \$35</b></li> </ul> <p>Spectator entries can <b>ONLY</b> be <b>taken AT THE DOOR</b> (in cash).</p>
<b>PROTECTIVE EQUIPMENT:</b>	<b>Chest guard and head gear will be provided</b> at the tournament. <b>Students need to bring their own shinpads &amp; hand mitts</b> (Organisers have very limited supply to lend out.) <b>Mouthguards</b> (optional if head gear has face cage). Males are to bring their own <b>groin guard</b> .



## KATA RULES & DIVISIONS

	Mukyu – 12 <sup>th</sup> kyu White & Red belts	10 <sup>th</sup> – 9 <sup>th</sup> kyu Orange belts	8 <sup>th</sup> – 7 <sup>th</sup> kyu Blue belts	6 <sup>th</sup> – 5 <sup>th</sup> kyu Yellow belts	4 <sup>th</sup> – 1 <sup>st</sup> kyu Green & Brown belts
<b>KIDS Age 5-7</b>	<b>Taikyoku I (First 8 counts)</b> Group kata On the count	<b>Taikyoku I (all 20 counts)</b> Group kata On the count			
<b>KIDS Age 8-12</b>	<b>Taikyoku I</b> Group kata On the count		<b>Pinan I</b> Group kata On the count	<b>Pinan II or above<sup>*)</sup></b> Individual kata mugorei (no count)	<b>Pinan II or above<sup>*)</sup></b> Individual kata mugorei (no count)

	<b>NOVICE</b> White, Orange & Blue Belts	<b>INTERMEDIATE</b> Yellow & Green Belts	<b>ADVANCED</b> Brown & Black Belts
<b>TEENS</b>	<b>Taikyoku III, Pinan I, Pinan II</b> Individual kata mugorei (no count)	<b>Pinan III or above<sup>*)</sup></b> Individual kata mugorei (no count)	<b>Any advanced Kata<sup>*)</sup></b> Individual kata mugorei (no count)
<b>ADULTS</b>	<b>Taikyoku III, Pinan I, Pinan II</b> Individual kata mugorei (no count)	<b>Pinan III or above<sup>*)</sup></b> Individual kata mugorei (no count)	<b>Any advanced Kata<sup>*)</sup></b> Individual kata mugorei (no count)

**Ages 5-7 and Ages 8-12 (white, orange & blue belts)** will do their first round of kata in a **group** to a **count**. 3 judges will collectively choose competitors for the 2<sup>nd</sup> round.

Judges will choose 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place in the final round.

**All other divisions (kids yellow belts and above, teens and adults)** will do their elect kata **individually, mugorei (no count)**. Judges will use IKO scoring method, and highest scores will go on to the next round.

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place will be chosen from scores.

**\* Notes regarding Kata selection:**

- Competitors must select a Kata **no higher than 2 grades above their current grade**.
- The Kata must be part of the Kyokushin syllabus **with the exclusion of Sanchin and Tensho**.



## KUMITE (FIGHTING) RULES

### FULL-CONTACT

All fighting divisions are allocated by age, weight and grade.

- Ages 5-7** All techniques to the body, **only light (controlled) kicks to the head, Mawashi Geri ONLY.**
- Ages 8-12** All techniques to the head & the body, **only light (controlled) kicks to the head.**
- Advanced & teens** All techniques are allowed.  
ADULT rules apply for those 15 and up (Oshi, sweeping, Sabaki above elbow etc.)

Standard IKO (International Karate Organisation) rules apply; an unblocked kick to the head scoring a *waza-ari* (half point). Jodan mawashi geri must make clean, direct contact with the headgear in order to score *waza-ari* (half-point). *Waza-aris* must be accompanied by *zanchin with kiai* in order to score the half-point.

Judges will monitor all divisions carefully to ensure no excessive force is used. **Child safety takes first priority.**

### PROTECTIVE EQUIPMENT

#### KIDS:

Head gear with face cage  
Mouthguard optional  
Body armour  
Shinpads  
Hand mitts  
Groin Guard (males)

#### TEENS:

Head gear (face cage optional)  
Mouthguard (must if no face cage)  
Body armour  
Shinpads  
Hand mitts  
Groin Guard (males)

#### ADULTS (Novice & 35yrs+):

Mouthguard  
Shinpads  
Hand mitts  
Groin Guard (males)

#### ADULTS (Elite):

Mouthguard  
Groin Guard (males)

**Chest guard and head gear will be provided** at the tournament.

**Students need to bring their own shinpads & hand mitts** (Organisers have very limited supply to lend out.)

**Mouthguards** (optional if head gear has face cage).

Males are to bring their own **groin guard**.